Native American Ancestry and Air Pollution Interact to Impact Bronchodilator Response in Puerto Rican Children with Asthma

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**Objective:** Asthma is the most common chronic disease in children. Short-acting bronchodilator medications are the most commonly prescribed asthma treatment worldwide, regardless of disease severity. Puerto Rican children display the highest asthma morbidity and mortality of any US population. Alarminglly, Puerto Rican children with asthma display poor bronchodilator drug response (BDR). Reduced BDR may explain, in part, the increased asthma morbidity and mortality observed in Puerto Rican children with asthma. Genetic-environment interactions may explain a portion of the heritability of BDR. We aimed to identify gene-environment interactions associated with BDR in Puerto Rican children with asthma.

**Setting:** Genetic, environmental, and psycho-social data from the Genes-environment and Admixture in Latino Americans (GALA II) case-control study.

**Participants:** Our discovery dataset consisted of 658 Puerto Rican children with asthma; our replication dataset consisted of 514 Mexican American children with asthma.

**Main Outcomes Measures:** We assessed the association of pairwise interaction models with BDR using ViSEN (Visualization of Statistical Epistasis Networks).

**Results:** We identified a non-linear interaction between Native American genetic ancestry and air pollution significantly associated with BDR in Puerto Rican children with asthma. This interaction was robust to adjustment for age and sex but was not significantly associated with BDR in our replication population.

**Conclusions:** Decreased Native American ancestry coupled with increased air pollution exposure was associated with increased BDR in Puerto Rican children with asthma. Our study acknowledges BDR's phenotypic complexity, and emphasizes the importance of integrating social, environmental, and biological data to further our understanding of complex disease. *Ethn Dis.* 2021;31(1):77-88; doi:10.18865/ed.31.1.77

**Keywords:** Asthma; Minority Health; Precision Medicine; Air Pollution; Health Disparities

**Introduction**

Asthma is the most common chronic disease in children in the United States.1 Asthma is also the most disparate common disease in the country, with significant disparities in prevalence, morbidity, and mortality between US populations.2 Asthma prevalence is highest in Puerto Ricans (36.5%) compared with European Americans (12.1%), African Americans (13.0%), and Mexican Americans (7.5%).3 Puerto Rican children also have the highest asthma mortality rate in the United States.4 Short-acting bronchodilator medications, such as albuterol, are the first line of treatment for asthma symptoms in the United States regardless of disease severity.5 Bronchodilator drug response (BDR) varies widely across populations. Puerto Rican children with...
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We investigate the impact of linear and non-linear interactions between clinical, environmental, and psychosocial factors on bronchodilator drug response in Puerto Rican children with asthma...

Methods

Study Participants

The Genes-environment and Admixture in Latino Americans (GALA II) study is an ongoing case-control study that began in 2006 aimed at discovering genetic and environmental factors associated with asthma and asthma-related phenotypes in Latino children. The study design for this cohort is described in detail elsewhere. Briefly, self-identified Latino children with and without asthma between the ages of 8-21 years were enrolled in the GALA II study at several clinical sites in the continental United States and Puerto Rico. Biological samples, environmental exposures, and demographic and clinical data were collected at study enrollment. The current study population includes 658 GALA II participants who self-identified as Puerto Rican with complete phenotypic and genetic information. Our replication population includes 514 GALA II participants who self-identified as Mexican American with complete phenotypic and genetic information. Our replication population includes 514 GALA II participants who self-identified as Mexican American with complete phenotypic and genetic information. Our replication population includes 514 GALA II participants who self-identified as Mexican American with complete phenotypic and genetic information. (Supplemental Table 1, available from corresponding author).

Predictor Variables

Information on socioeconomic status (SES) and experiences of discrimination (EOD) were collected via questionnaire as previously described. Briefly, a composite score for SES was derived from three socioeconomic factors: mother's educational attainment, insurance status, and household income weighted by region. Each composite
score was then assigned a value of low SES (0), medium SES (1), and high SES (2). For the purposes of this study, EOD data were dichotomized into two categories; no experiences of discrimination (0) and at least one experience of discrimination (1). Body mass index (BMI) was calculated for each participant (BMI = kg/m²). BMI percentile values were generated using a standard reference population according to the guidelines from the US Centers for Disease Control and Prevention growth charts. Obesity is a known asthma risk factor and comorbidity that has been shown to significantly affect bronchodilator response in pediatric populations. BMI percentiles were dichotomized by obesity status (OBESE), where obesity status was defined as BMI ≥ 95th percentile (obese) or BMI <95th percentile (non-obese).

Air pollution exposure was defined as the measure of average lifetime exposure to particulate matter <2.5 μm in size (PM_{2.5}) prior to recruitment gathered from the geographic coordinates of each participant’s residence using the TomTom/Tele ATLAS EZ-locate software (TomTom, Amsterdam, the Netherlands). Coordinates were linked to regional ambient daily air pollution data from the US Environmental Protection Agency Air Quality System. The inverse distance-squared weighted lifetime average of PM_{2.5} exposure was then calculated from up to four air pollution monitoring stations within 50 km of the participant’s residential geographic coordinates. Median PM_{2.5} was calculated for each recruitment site. Individual PM_{2.5} exposure measurements for each study participant were then dichotomized as less than or greater than the site-specific PM_{2.5} median.

All study participants were previously genotyped using the Axiom® LAT1 array (World Array 4, Affymetrix, Santa Clara, CA) as described elsewhere. Global ancestry was determined for each study participant using the ADMIXTURE software package. ADMIXTURE was run unsupervised assuming three ancestral populations (African, European, and Native American) to calculate the proportion of global African (AFR), Native American (NAT), and European (EUR) ancestry for each participant. Reference haplotypes were gathered from HapMap phase III CEU (European) and YRI (African). Reference haplotypes for Native American ancestry were derived from 71 Native Americans previously genotyped using the Axiom LAT1 array.

**Outcome Variable: Bronchodilator Drug Response (BDR)**

Spirometric testing was performed to collect measurements of forced expiratory volume in one second (FEV₁), at the time of study enrollment for all participants, as previously described. FEV₁ is commonly used to describe baseline lung function in adult and pediatric populations. Maximal BDR was calculated according to American Thoracic Society/European Respiratory Society guidelines and was defined as the percent change in FEV₁ (Δ FEV₁) after treatment with albuterol, calculated as shown in the equation:

\[
\Delta \text{FEV}_1 = \left( \frac{\text{post bronchodilator- FEV}_1 - \text{pre bronchodilator- FEV}_1}{\text{pre bronchodilator- FEV}_1} \right) \times 100\%
\]

A clinically meaningful bronchodilator response is defined as ΔFEV₁ ≥ 12%. BDR was analyzed as a dichotomous variable; individuals were classified as bronchodilator responders (ΔFEV₁ ≥ 12%) and bronchodilator non-responders (ΔFEV₁ < 12%).

**Outcome Variable: Baseline Lung Function (FEV₁ Percent Predicted)**

Correct interpretation of FEV₁ measurements requires the use of age, sex, and race/ethnicity specific reference values. The Hankinson prediction equation was used to generate predicted FEV₁ values for each study participant. We then compared actual FEV₁ values (measured as described in the preceding subsection) to predicted FEV₁ values to determine the percentage of predicted FEV₁ actually achieved by each participant. FEV₁ percent predicted values were then dichotomized to indicate optimal (actual FEV₁ ≥ 80% predicted FEV₁) and compromised (measured FEV₁ < 80% predicted FEV₁) baseline lung function.

**Statistics**

**Visualization of Statistical Epistasis Networks (ViSEN) Interaction Analysis**

ViSEN is a non-parametric entropy-based method capable of identifying interactions with and without the presence of single variant (main) effects. Previous studies have shown
that ViSEN is as powerful as standard regression-based tests in identifying additive effects, and more powerful than standard regression-based methods in identifying non-linear, synergistic, interaction effects.\textsuperscript{24,25} ViSEN uses a measure from information theory called information gain (IG) to gauge the strength of the association between an interaction model and a specified outcome or phenotype. IG describes the percentage of variation in phenotype class (i.e., BDR status) explained by a given interaction. Mutual information (MI) describes the percentage of variation in phenotype class explained by the independent effects of a single variable (main effects). For a given phenotype, ViSEN constructs an interaction network composed of the underlying biological and environmental factors impacting variation in phenotype that is centered on the strongest interaction effects rather than the strongest main effects. ViSEN’s IG calculation explicitly excludes the MI from each of the single variables that contribute to any given interaction model. This ensures that ViSEN identifies only “genuine” synergistic interaction effects, rather than “de facto” interaction effects that are merely artifacts of strong main effects. ViSEN’s IG calculation explicitly excludes the MI from each of the single variables that contribute to any given interaction model. This ensures that ViSEN identifies only “genuine” synergistic interaction effects, rather than “de facto” interaction effects that are merely artifacts of strong main effects. Permutation of BDR status (n = 1000) was used to create an empirical IG distribution, estimate IG p-values, and correct for multiple testing, as previously described.\textsuperscript{25} Interactions were deemed statistically significant with the IG P <.05.

Covariate Adjustment for ViSEN Analyses

Age and sex were identified as potential confounders in our study. Therefore, it was necessary to adjust for age and sex in our ViSEN analyses. The ViSEN software, however, is currently unable to directly adjust for covariates. Following a previously published protocol used to incorporate covariates into ViSEN analyses, we employed the local case-control (LCC) subsampling method to adjust for the effects of age and sex.\textsuperscript{26,27} Local case-control subsampling adjusts for covariates in a dataset by extracting a subset of individuals from the original dataset that consists of only the individuals for which prediction based on the covariates alone does not explain their case-control status well. For this subset of individuals, the impact of the specified covariates on case-control status is effectively removed.

We generated an unadjusted (for covariates) ViSEN interaction network model for BDR in our study population and calculated the IG for all possible pairwise (two variable) interaction models constructed from our six predictor variables; OBESE, SES, EOD, PM\textsubscript{2.5}, NAT, and AFR. Since ViSEN can accept only discrete variables as predictor and outcome variables, all variables used in ViSEN analyses were recoded as described (Supplementary Table 2, available from corresponding author). We also generated a ViSEN interaction network model for BDR adjusted for age and sex using a subset of our study population (bronchodilator responders = 153 and bronchodilator non-responders = 167) selected as previously described (LCC method) to assess the robustness of significant ViSEN associations identified in the full dataset.

Further Characterization of Significantly Associated Interaction Models Identified by ViSEN

All significant pairwise interaction models associated with BDR identified using ViSEN that remained significant after adjustment for age and sex, underwent additional analyses to further elucidate the nature of the relationship between the specified interaction and BDR. For significantly associated interactions, participants were split into groups defined by the specified interaction, and further described in terms of clinical and demographic factors. If the identified interaction model appeared to be non-linear in nature, descriptive statistics were generated in the R computing environment and used to make pairwise comparisons between groups.

Since baseline lung function (FEV\textsubscript{1}) is one of the strongest clinical predictors of BDR,\textsuperscript{28} any model with a significant IG from ViSEN analysis using BDR as the outcome was analyzed a second time in ViSEN using FEV\textsubscript{1} (dichotomized as described above) as the phenotypic outcome. We performed both unadjusted (full dataset) and adjusted (LCC subset adjusted for age and sex; bronchodilator responders = 86 and bronchodilator non-responders = 94) ViSEN analyses. If the interaction was also found to be significantly associated with FEV\textsubscript{1}, and remained significant after adjustment for age and sex, mediation analysis was performed to determine if the association with BDR was due to an intermediate association with FEV\textsubscript{1}. Mediation analysis was performed in the R computing environment using the Robust Me-
diation (robmed) package.29 Robust mediation analysis used median regression and bootstrapping (n = 5000) to generate direct and indirect effect estimates and 95% CIs. Ps were computed from 95% CIs.30 For mediation analysis, BDR and FEV1 were analyzed as continuous variables. All mediation analyses were performed using data from the full dataset and were adjusted for age and sex.

### RESULTS

#### Study Demographics

Our study included 658 Puerto Rican children and adolescents with physician-diagnosed asthma from the GALA II cohort. Participants were categorized by BDR status (318 bronchodilator responders and 340 bronchodilator non-responders) and demographic variables were compared between groups (Table 1). Significant differences in age (P=.04), baseline lung function (4.08 x 10^{-15}), and exposure to PM2.5 (P=.04) were discovered between bronchodilator responders and non-responders. It should be noted that the average difference in age between bronchodilator responders and non-responders was .3 years (Table 1); while this difference may be statistically significant, it is unlikely to be clinically relevant.

#### Identification of Pairwise Interactions Associated with BDR

ViSEN was used to create an entropy-based interaction network and analyze the relationships between all possible pairwise interactions models (constructed from six predictor variables; PM2.5, EOD, SES, OBESE, AFR, NAT) and BDR (Figure 1). Only one interaction model (PM2.5 x NAT) was significantly associated with BDR after correction for multiple testing (unadjusted ViSEN IG%=.53, P=.03) (Figure 1). The association between PM2.5 x NAT and BDR was robust to adjustment for age and sex (adjusted ViSEN IG%=.34, P=.02).

Previous studies have shown that Puerto Ricans have the lowest BDR while the Mexican American population displays the highest BDR among US populations.31 To determine if PM2.5 x NAT interaction effects observed in our Puerto Rican study population were conserved across the BDR phenotypic distribution, we attempted to replicate our ViSEN results in an independent population of 514...
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Mexican American children. The association between the PM$_{2.5}$ x NAT interaction and BDR was not significant in Mexican American children (unadjusted ViSEN IG%=.02%, P=.73; age and sex adjusted ViSEN IG%=.23%, P=.43).

**Further Characterization of the PM$_{2.5}$ x NAT Interaction Model**

Thorough investigation of the PM$_{2.5}$ x NAT interaction model revealed that the interaction’s relationship with BDR was non-linear (Figure 2). Only participants in PM$_{2.5}$ x NAT interaction Group 3 (increased PM$_{2.5}$ exposure and decreased NAT) demonstrated clinical responsiveness to bronchodilator treatment (Figure 2). We then compared measurements of our five other ViSEN

Figure 1. Interaction network of variables underlying variation in bronchodilator drug response

Graphical visualization of an entropy-based interaction network impacting BDR variation constructed by ViSEN. Gray nodes represent individual variables, while the size of a node indicates the strength of the variables independent effect on BDR. Lines represent pairwise interactions between variables; the thickness of the line indicates the strength of the pairwise interaction effect on BDR measured by information gain (IG). Significant pairwise interactions (IG P < .05) are colored in orange. EOD, experience of discrimination; AFR, African ancestry; NAT: Native American ancestry; OBESE: obesity status; SES, socioeconomic status; PM$_{2.5}$: Particulate matter <2.5 μm in size.
predictor variables (SES, OBSE, EOD, AFR, and baseline lung function) between NAT x PM$_{2.5}$ interaction groups. Baseline lung function was the only predictor that differed significantly by PM$_{2.5}$ x NAT interaction status. Pairwise comparisons, using interaction Group 3 as the reference group, revealed that participants in interaction Group 3 had significantly lower baseline lung function (median FEV$_{1}$ % predicted = 82%) compared to all other groups (Group 1 median FEV$_{1}$ % predicted = 88%, P=.0006; Group 2 median FEV$_{1}$ % predicted = 86%, P=.03; Group 4 median FEV$_{1}$ % predicted = 86%, P=.02) (Figure 2). It should be noted that while we did identify significant differences in baseline lung func-

![Figure 2. Variation in bronchodilator drug response by PM$_{2.5}$ x NAT interaction group](image)

**Figure 2. Variation in bronchodilator drug response by PM$_{2.5}$ x NAT interaction group**

Error plot graph of bronchodilator drug response by PM$_{2.5}$ x NAT interaction group membership. Vertical lines denote the interquartile range (IQR) of group data; circles indicate the group median. Orange lines indicate groups that achieved clinically significant BDR (Δ FEV$_{1}$ ≥ 12%). Ps presented here are from the Dunn Test of differences between groups; black brackets indicate the groups being compared. P-values in bold remained significant after correction for Bonferroni correction for multiple testing. Δ FEV$_{1}$ is the difference in % of Predicted FEV$_{1}$ achieved before and after bronchodilator treatment. ▼ means that the group median < study population median; ▲ means that the group median ≥ study population median. PM$_{2.5}$ denotes exposure to particulate matter, while NAT indicates Native American genetic ancestry. FEV$_{1}$, forced expiratory volume.
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Baseline Lung Function

PM$_{2.5}$ x NAT → BDR

<table>
<thead>
<tr>
<th></th>
<th>Proportion of Total Interaction Effect</th>
<th>P</th>
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<tbody>
<tr>
<td>Direct Effect</td>
<td>67%</td>
<td>.035</td>
</tr>
<tr>
<td>Indirect Effect</td>
<td>33%</td>
<td>.004</td>
</tr>
</tbody>
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Figure 3. Direct and indirect effects of the PM$_{2.5}$ x NAT interaction on bronchodilator drug response

Graphical representation of the effect of PM$_{2.5}$ x NAT on BDR. The solid orange arrow indicates a direct effect of PM$_{2.5}$ x NAT on BDR; dotted orange arrows indicate indirect effect of PM$_{2.5}$ x NAT on BDR. The proportion of the total effect of PM$_{2.5}$ x NAT on BDR due to direct and indirect effects, and the corresponding P, were calculated via robust mediation analysis. Effect proportions and corresponding P presented above are based on bootstrap effect estimates (n=5000): NAT, Native American ancestry; PM$_{2.5}$, particulate matter <2.5 μm in size; BDR, bronchodilator drug response.

interaction between PM$_{2.5}$ x NAT interaction groups, the interquartile range (IQR) for each interaction group is quite wide. This indicates high variability in FEV$_1$ % predicted between individuals within the same interaction group; this high degree of inter-individual variability is characteristic of FEV$_1$ measurements. Though we have separated individuals into groups defined by PM$_{2.5}$ and NAT, these groups are by no means homogenous in terms of FEV$_1$ measurements and this should be taken into account when determining the clinical relevance of NAT x PM$_{2.5}$ group membership.

Baseline lung function (FEV$_1$ % predicted) is one of the strongest clinical predictors of BDR. Specifically, decreased FEV$_1$ % predicted has been associated with increased BDR in children with asthma.\textsuperscript{28} Given this \textit{a priori} knowledge, we performed a secondary ViSEN analysis to evaluate the effect of all possible pairwise interactions between our six predictor variables (and variation in FEV$_1$). Once again, the PM$_{2.5}$ x NAT interaction was the only model significantly associated with our outcome (ViSEN IG%= .53 %, P=.03).

As the PM$_{2.5}$ x NAT interaction was associated with both BDR and with FEV$_1$, we decided to perform a mediation analysis to explicitly test whether the significant association observed with BDR was merely an artifact of an intermediate association with FEV$_1$. One of the assumptions of mediation analysis is that the effects are additive in nature; to gain more power in our mediation analysis, PM$_{2.5}$ x NAT groups were recoded prior to mediation analysis to simulate an additive effect as follows: participants with increased PM$_{2.5}$ and decreased NAT (Group 1) vs all other study participants (Group 2). Mediation analysis uncovered significant direct (P=.03) and indirect (P=.004) effects of the PM$_{2.5}$ x NAT interaction on BDR (Figure 3). Although the indirect effect of the PM$_{2.5}$ x NAT interaction on BDR, via the intermediate
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Discussion

Increased asthma prevalence, morbidity, and mortality, coupled with a documented decreased responsiveness to albuterol, the most commonly prescribed bronchodilator medication in the United States, underscore the disproportionately heavy disease burden carried by the Puerto Rican population. Investigating the complex network of linear and non-linear interactions between biological, demographic, and environmental factors impacting variation in BDR, and focusing our efforts on patient populations with the highest risk of adverse outcomes, is an essential step toward addressing asthma health disparities.

Acknowledging recent evidence that the uni-disciplinary strategies historically favored in biomedical research may not suffice when disease etiology is complex, we performed a comprehensive trans-disciplinary study of BDR in Puerto Rican children with asthma that brought together clinical, biological, environmental, and psycho-social data. Our study identified a non-linear interaction between air pollution exposure ($PM_{2.5}$) and Native American ancestry (NAT) that was significantly associated with BDR in a population of Puerto Rican children with asthma. We found that Puerto Rican children with asthma who had increased air pollution exposure ($PM_{2.5}$) and decreased Native American ancestry displayed increased BDR due, in part, to the decreased baseline lung function characteristic of this group. Of the four groups defined by the $PM_{2.5}$ x NAT interaction model, only one (Group 3; $N = 186$) had a median BDR that crossed the threshold of clinically relevant response to bronchodilator treatment, meaning that the majority of our study population ($N = 472$) may be non-responsive to bronchodilator treatment. These metrics are potentially valuable to clinicians as a means of identifying patients less likely to be responsive to bronchodilator treatment.

Recent studies highlight the existence of quantile-specific effects for gene-environment interactions. Owing to this observation, we chose our replication population from the opposite end of the BDR phenotypic distribution (Mexican Americans) as our study populations (Puerto Ricans). Our failure to replicate the significant interaction effect between $PM_{2.5}$ x NAT and BDR discovered in Puerto Ricans in a population of Mexican Americans indicates that our interaction may be BDR quantile-specific and/or population-specific. Further studies incorporating diverse populations spanning the BDR phenotypic spectrum are needed to further characterize and validate the impact of the $PM_{2.5}$ x NAT interaction on variation in BDR.

Limitations

It is worth emphasizing that we discovered a significant association between the $PM_{2.5}$ x NAT interaction and BDR using ViSEN, an entropy-based method that employs information gain (IG), a metric from information theory typically used in machine learning. If we had employed the standard regression-based interaction analysis methods characteristic of genetic and epidemiological studies, then the non-linear association between the $PM_{2.5}$ x NAT interaction and BDR may have remained hidden. While our study yielded positive results, it should be noted that there are three potential limitations inherent with the use of ViSEN in identifying interaction effects that should be carefully considered by...
researchers interested in using this method in studies of complex traits. ViSEN is currently only able to directly analyze dichotomous outcomes; therefore, in order to analyze continuous outcomes in ViSEN, they must first be collapsed into a ranked form (ie, dichotomized) manually prior to input into the program. Dichotomization of continuous outcomes may result in some loss of information and could lead to over-simplification of the resulting interaction models. In the current study, we were able to counter this limitation by using a biologically relevant threshold (clinical response to BDR) to define BDR responders and non-responders thereby increasing the interpretability of the resulting interaction models.

Another potential limitation of ViSEN is that the program requires complete phenotypic data for each participant. Reductions in sample size due to missingness in the dataset, coupled with potential decreases in sample size following the LCC subsampling method to correct for confounders (if necessary), may result in a substantial loss of statistical power. This may mean that some true interaction effects may not pass correction for multiple testing in studies with modest sample sizes.

The third limitation of the ViSEN program is its inability to provide directionality to the interaction effects that it identifies (ie, whether membership in a particular interaction group correlates positively or negatively with a given outcome). To compensate for this limitation in the current study, we have supplemented ViSEN analysis with additional data visualization and analysis (pairwise tests, mediation analysis) to provide more information about the potential impact of our identified interaction on BDR response (Figure 2, Figure 3).

CONCLUSIONS

Our study is a representation of the novel discoveries that can result from transdisciplinary team-based research that embraces the complexity of human disease. It is our hope that future studies will embrace diversity of study populations, types of data, and scientific expertise for the improvement of patient care and health outcomes for all patients, particularly in those areas, such as asthma and asthma-related phenotypes like BDR, that display significant disparities between populations.

ACKNOWLEDGMENTS

RESEARCH INVOLVING HUMAN PARTICIPANTS

A total of 658 participants from the GALA II study were used to generate the results described in this article. The GALA II study was approved by the institutional review board of the University of California San Francisco (Parnassus Panel) (IRB# 11-05424; Reference # 273089) in accordance with the ethical standards of the IRB and the Helsinki Declaration of 1975, as revised in 2000.

All participants aged 18 years at the time of study enrollment provided their written consent to participate in this study. Parents of participants aged <18 years provided their written assent for the participation of their children in this study.

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Conflict of Interest
No conflicts of interest to report.

Author Contributions

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