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- to promote public awareness of the harmful effects of hypertension and related risk factors, especially among ethnic minority populations;
- to develop health-related programs to improve the quality of life in ethnic populations worldwide;
- to educate the public on ways to prevent the complications of hypertension and other related cardiovascular diseases;
- to stimulate research and clinical investigation;
- to disseminate scientific findings to aid in the understanding of differences in hypertension and related risk factors among ethnic populations.
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