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ISHIB is a professional medical organization providing education, advocacy and research on high blood pressure and related risk factors in ethnic populations. ISHIB was founded in 1986 to respond to the problem of high blood pressure among ethnic groups. Today, its organizational scope includes diabetes, stroke, lipid disorders, renal disease, and other related cardiovascular risk factors. The objectives of the Society are:

- to promote public awareness of the harmful effects of hypertension and related risk factors, especially among ethnic minority populations;
- to develop health-related programs to improve the quality of life in ethnic populations worldwide;
- to educate the public on ways to prevent the complications of hypertension and other related cardiovascular diseases;
- to stimulate research and clinical investigation;
- to disseminate scientific findings to aid in the understanding of differences in hypertension and related risk factors among ethnic populations.
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